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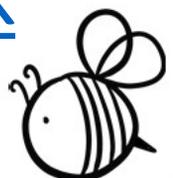


Please click the image to take you to this related and relevant resource:

This resource would be perfect as part of your recovery curriculum for each child to have one stuck inside their books.



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Wellbeing Mood Starfish

This one would fit in nicely with the [starfish story](#)

Ask the child to think about how many different moods that they might have and draw the faces on the starfish.

They can make a list first of different emotions and then choose 8 of them to decorate the faces. Of course they could colour them all in afterwards.



MY LIST OF MOODS

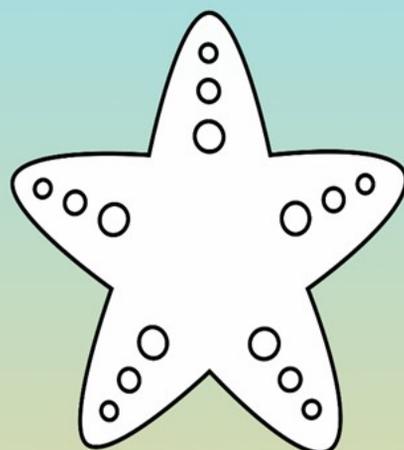
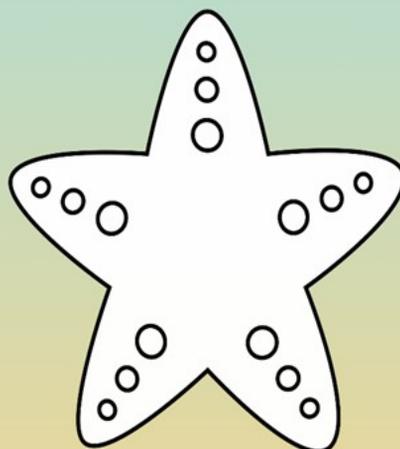
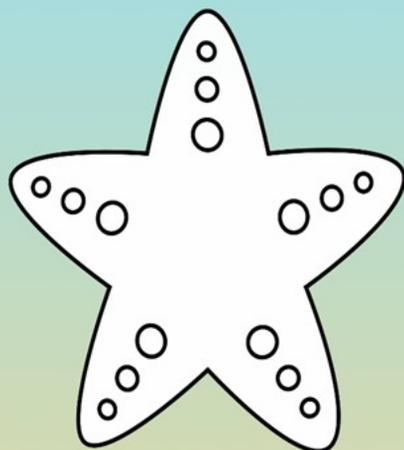
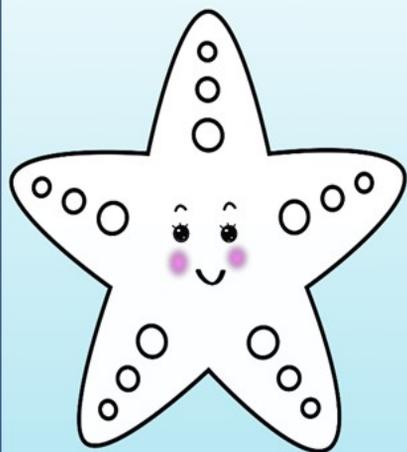
1	2
3	4
5	6
7	8
9	10
11	12

Choose 8 of these to draw on the starfish. Give the ones a tick that you want to do.



WELLBEING MOOD STARFISH

Make the starfish have different expressions. How many different moods can you make? Make sure to colour them all in.



WELLBEING MOOD STARFISH

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