

## Session 1: I Am Me



### What happens in the sessions?

This session helps children learn that they are uniquely created by God and special because they are made and loved by Him. As children explore in more detail their uniqueness and what that means in real terms, this session aims to celebrate difference as well as individual gifts, talents and abilities.

### What do children learn?

- We are each unique, with individual gifts, talents and skills
- Whilst we all have similarities because we are made in God's image, difference is part of God's plan!

### Suggested Home Activity

Instigate a discussion with your child about their gifts, talents and skills. Discuss that we get better at things by practicing them. You might like to mention something that you work hard at and ask if your child wants help to practice anything at home.

If sent home from school, look at your child's 'I Am Me' worksheet and ask them to guess what yours might look like!

<https://www.tentenresources.co.uk/online-parent-portal-primary/home-learning/8595095082-2/>

<b>Username</b>	christ-king-ch62
<b>Password</b>	wirral-22-ch62
<b>Parent Portal</b>	<a href="https://www.tentenresources.co.uk/parent-portal/">https://www.tentenresources.co.uk/parent-portal/</a>
<b>Parent Consultation Tool</b>	<a href="https://www.tentenresources.co.uk/parent-consultation-tool-primary/">https://www.tentenresources.co.uk/parent-consultation-tool-primary/</a>