



<https://www.youtube.com/watch?v=UPO7P1gHAMo>

Kindness is Cooler Mrs. Ruler

This week is national Mental Awareness Week and at CTK we are focusing on how we can be kind to each other. I will set a little activity for you to think about each day.

Today I would like for you to watch the video on the link. Draw a picture of something you can do at home and something that you could do when you get back to school. Share your picture on twitter or SeeSaw. If you share on twitter don't forget to tag **@Y3_CTK #MHAweek #Kindnessiscooler**