

PSHE Policy

Autumn 2021

School Mission Statement: Treat others the way you would like to be treated yourself

AIMS

At Christ the King Catholic Primary School, we recognise that Personal, Social and Health Education *combined* with Relationships and Health Education (RHE), is essential for preparing children to be responsible citizens in the wider world.

Through quality teaching of PSHE, we aim to build upon the RHE focuses and, as stated in the National Curriculum, cover the 'broad pillars' of:

- healthy bodies and lifestyles
- healthy minds
- economic wellbeing and financial capability
- careers education

We also aim to embed a progressive approach to relationships, well-being and living in the wider world across the school.

APPROACH

PSHE is a non-statutory subject. However, as outlined in the National Curriculum, PSHE is an important and necessary part of all pupils' education. To account for this, we primarily follow an all-encompassing RHE scheme that holds Catholic education at its very heart but PSHE then builds upon this and teaches about shared responsibilities, communities, media literacy and digital resilience, money and work aspirations. PSHE provides children with fundamental life skills and ensures that the needs of every child are met.

Our school approach to PSHE promotes Spiritual, moral, social and cultural development and prepares all pupils for the opportunities and responsibilities within their lives. To meet this we have a planning scheme for RHE and progression document that highlights where PSHE lends itself.

Children are provided with age-appropriate content and opportunities for guided discussions to develop the knowledge, skills and attributes needed to keep themselves healthy, safe and prepared for life and work.

RESOURCES

Our RHE program, 'Life to the Full' by Ten:Ten Resources, fully supports the DfE guidance and is complimented by resources from the PSHE Association as part of our wider PSHE program. Teachers are guided towards the PSHE association for advice, CPD opportunities and a resource library containing planning frameworks and detailed lesson plans.

Teachers also have access to a thematic model which details the progression of PSHE and RHE across the school. This document has topic titles, learning objectives and a section for teacher notes and resources. It also displays relevant and up to date links to PSHE resources.

Each classroom has a floor book to be used for documenting both RHE and PSHE learning. This may include photographs, worksheets and quotes from class discussions. The book is a cross-curricular resource to also be used on, for example, ICT days surrounding esafety.

TIME ALLOCATION

RHE is taught on a weekly basis for 30-45 minutes. When RHE does not cover an aspect of non-statutory PSHE, PSHE lessons will take place. Ten:Ten Resources have produced a document named 'Non-statutory PSHE topics not covered by Life to the Full' and the CTK PSHE Subject Lead and Deputy Head Teacher have produced a version tailored to CTK for staff to use and allocate lesson time accordingly.

ASSESSMENT

Children will have regular opportunities to reflect on their learning. Formal assessments are not applicable in PSHE but teachers will monitor and evidence pupils' progress and attainment in PSHE knowledge, understanding, skills and attributes.

Children will be assessed in RHE via an activity that is completed at the start of a unit and again at the end. These activities take into account the learning objectives of the sessions within the unit and provide before and after evidence that learning has taken place

MONITORING

There is a bi- annual review of this policy by the PSHE Subject Leader. Implementation of PSHE will be monitored by the PSHE and RHE Leads through triangulation of evidence.

The Curriculum committee of the governing body is briefed to oversee all policies. Any changes made to this policy will be communicated to all teaching staff.

Policy agreed	hv	Governors:	Autumn	2021
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