








Christ The King Primary School - Week One








MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Homemade Sausage Rolls Choose from either traditional pork sausage meat or cheese and onion, served with potato wedges.</p> 	 <p>Fajita's Choose from fresh chicken strips or Quorn strips cooked in a mild Fajita seasoning and served in a tortilla wrap with shredded lettuce, strips of peppers, tomatoes and coleslaw, with mayonnaise and BBQ dips. Served with rice.</p>	<p>Roast Dinner Choose from roast meat of the day or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy.</p> 	 <p>Spaghetti Bolognaise Choose from fresh minced beef or Veggie mince cooked with onions, garlic, tomatoes, and herbs, served on a bed of pasta with broccoli.</p>	<p>Fish & Chips Choose from either Battered Cod fillet, Cod fillet fish fingers, or Quorn nuggets oven and served with chips and peas or baked beans.</p> 
<p><i>Jacket Potatoes and Paninis are also available daily as a hot alternative</i></p>				
<p><i>Or</i></p>				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread - wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
<p>Dessert Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily along with the dessert of the day</p>				
Cake	Biscuits	Jelly	Ice Buns	Ice Cream
<p>Drink</p>				
<p><i>A selection of fresh fruit juice and milkshakes, milk and water will be available daily</i></p>				



Christ The King Primary School - Week Two



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Brunch Choose from a rasher of bacon or a Quorn sausage, served with scrambled eggs, baked beans, mushrooms, tomatoes, and brown bread.</p> 	 <p>Burger Day Choose from a fresh butcher's burger or a Quorn Burger served in a burger bun with potato wedges.</p>	<p>Roast Dinner Choose from roast meat of the day or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy.</p> 	 <p>Taco Thursday Fresh minced beef cooked with onions, tomatoes, peppers and a mild chilli powder, and served in a taco shell with rice and mixed salad.</p>	<p>Fish & Chips Choose from either Battered Cod fillet, Lemon & Garlic Salmon Fillet or a Quorn nugget baked in the oven and served with chips and mushy peas or baked beans.</p> 
<p>Jacket Potatoes and Paninis are also available daily as a hot alternative</p>				
<p>Or</p>				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread - wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
<p>Dessert Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily along with the dessert of the day</p>				
Sponge Cake	Crispy Cakes	Jelly	Flapjack	Biscuits
<p>Drink A selection of fresh fruit juice and fresh milkshakes, milk and water will be available daily</p>				



Christ The King Primary School - Week Three

