



20th March 2020

“Treat others the way you would like to be treated yourself.”

Message from Mrs Procter

Well I never could have anticipated that we would be writing this letter at this time of year! Firstly we would all like to thank you for your kind words, notes of appreciation and for working with us to secure the best possible situation we can for all, given these challenging circumstances. Our students have been wonderful – a true credit their families and school. Their pictures, funny stories and smiles have kept us going!

We will continue to communicate with you all during this time of closure through School Spider and our website. We welcome families sending emails to the school office with stories children have written or art work they have produced.

We wish you good health and look forward to seeing all our Christ the King family back as soon as is possible. As we said earlier this week, we hope you take this time to enjoy some family activities and that the home learning packs provide some educational support.

Can I just remind you all that your children need to be following the guidelines set out by the Government for Social distancing. They should not be out with friends in large gatherings.

Please look after each other and stay well. xx

Social Media

We will send any information we have to you in the coming weeks via School Spider so please make sure that you are logged in to the app. This will also be available on our Facebook and Twitter feeds as well as the school website.

Useful Resources

If your child is confused by the Corona virus here are some links that might be useful :

- National Autistic Society – guidance and helpline for parents', young people and staff: [https://www.autism.org.uk/services/nas-schools/vanguard/news/2020/march/coronavirus-\(covid-19\)-advice.aspx](https://www.autism.org.uk/services/nas-schools/vanguard/news/2020/march/coronavirus-(covid-19)-advice.aspx)
- Mencap - Easy Read guide to Coronavirus: <https://www.mencap.org.uk/sites/default/files/2020-03/Information%20about%20Coronavirus%20ER%20SS2.pdf>
- Place2Be – Guide to helping parents answer questions from their children and to support family wellbeing: <https://www.place2be.org.uk/about-us/news-and-blogs/2020/march/coronavirus-information-for-children/>

- Young Minds - Talking to your child about Coronavirus and 10 tips from their Parents Helpline to support family wellbeing: <https://youngminds.org.uk/blog/talking-to-your-child-about-coronavirus/>
- Carers UK - Guidance for carers: <https://www.carersuk.org/help-and-advice/health/looking-after-your-health/coronavirus-covid-19>
- Covibook – an interactive resource designed to support and reassure children aged 7 and under, designed to help children explain and draw the emotions that they might be experiencing during the pandemic: <https://www.mindheart.co/descargables>
- Amaze - information pack for parents <https://amazesussex.org.uk/fags-about-the-coronavirus-for-parent-carers-of-children-with-send-brighton-hove/>

The following are useful links where you can find resources for your children:

Phonics tracker - <https://www.phonicstracker.com/games/index>

<https://www.mentalfloss.com/article/75809/12-world-class-museums-you-can-visit-online>

<https://tpet.co.uk/>

<https://www.facebook.com/groups/776458562554775/>

This collage features several educational resources:

- Twinkl:** School subscription services providing guidance and resources for school closures.
- Phonics Play:** A website with phonics resources for children.
- Phonics Home:** A website with phonics resources for home use.
- Letters and Sounds:** A website with phonics resources for home use.
- Checklist - Alphablocks:** A website with phonics resources for home use.
- Teach Your Monster to Read:** A website with phonics resources for home use.
- Origo Owl:** A website with phonics resources for home use.
- Teach Handwriting - Cursive Practice:** A website with handwriting resources for home use.
- Vanessa - Handwriting brought to life:** A website with handwriting resources for home use.
- Schulello - Classroom Migration:** A website with classroom migration resources for home use.
- Spelling Shed:** A website with spelling resources for home use.

Let's spread some joy to children out of school but who may still go for a walk, leave a picture as below in your window and start a mass eye spy!

W/c 23rd March - rainbow

W/c 30th March - sunshine

W/c 6th April - Easter

W/c 13th April - Animals

W/c 20th April - Flowers

W/c 27th April - Smiley Faces

JHI ADHD Foundation
18 Mar at 15:16

Help for parents during school closure
<https://www.adhdfoundation.org.uk/wp-content/uploads/2020/03/Self-Isolation-from-school-schedule-for-home.pdf>

ADHD FOUNDATION
The Neurodiversity Charity

A daily schedule to help keep a routine at home with children and young people when absent from school. Remember regular brain breaks during academic time!

Before 8am	Wake up	Get dressed, make your bed, get washed and dressed
9 - 10am	Morning Walk or exercises	Family walk or exercises in the back yard/garden. Stretching, yoga and mindfulness breathing.
10-11am	Academic Time	NO ELECTRONICS! Any work provided by school, study guide, quiz books, times tables, story writing.
11-12pm	Creative Time	Legs, drawing, painting, cooking, baking.
12-01	Lunch	Get dressed, make your bed, get washed and dressed
12-30 - 1pm	Chore Time	Wiping down, dusting, hoover, laundry, washing dishes. Toys away.
1 - 2pm	Quiet time	Reading, jigsaw, colouring, nap, Mindfulness
2 - 3pm	Academic Time	Load, math's games, educational show
3-4pm	Outdoor time	Play outside, go for a walk/bike
4-5	Free Time	games, TV, electronics, play with toys.
5-6pm	Dinner	
6-7pm	Free Time	Games, Reading, message, mindfulness
7pm-	Bedtime and bath	Adjust to your usual routine

Unique classrooms
Yesterday at 20:32

World Book Online have just made their fabulous collection of over 3,000 ebooks and audiobooks available for free for children to access at home. They have books suitable for all ages. Click on the following link to access them.
<https://worldbook.kitabo.com/reader/worldbook/index.html?usertoken=Mjk5MzQ6MTpLjUjA5MjAxNjQ0MmN5WVudDE20Tc6MTY5NzoyMjE2Mjg4OjE6MTU4NDM4MDEkMzAzMzA1cW==>

100 Things to do indoors

1. Make a paper airplane and see how far it can fly
2. Draw a picture of your favourite animal
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Stories help.
They entertain. They teach. They keep young minds active, alert, and engaged.

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Coronavirus Update

We are currently very close to completing a new version of the PhonicsPlay site that is accessible on all phones and tablets. We will therefore also ensure that it is possible for users to freely access this new version of the site both through a browser for any device that can run it or just by downloading the app. The site can be used on a phone without their parents needing to subscribe. To access our resources all you need to do is log on using the following details:

Username: march20 Password: home

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