

Newspaper dance



What you need: 1 or more players, a sheet of newspaper per player, a music track and someone to press stop.

How to play:

- Each player begins standing on a large piece of newspaper.
- When the music plays children move off their newspaper and dance around the space.
- When the music stops children stand on their newspaper. They are not allowed to touch the floor.
- When successful reduce the size of the newspaper by folding it.
- Keep playing until they cannot stand without going out of the boundary.



How will you balance?