








# Christ The King Primary School - Week One








MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Mac &amp; Cheese</b> Macaroni pasta mixed with a homemade cheese sauce</p> 	 <p><b>Homemade Sausage Rolls</b> Choose from either traditional pork sausage meat or cheese and onion, served with potato wedges, peas or baked beans</p>	 <p><b>Roast Dinner</b> Choose from roast meat of the day or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy</p>	 <p><b>Creamy Chicken Curry</b> Choose from a homemade Creamy Chicken Curry or a Sweet Potato &amp; Lentil Curry served with Basmati Rice, Naan bread</p>	<p><b>Fish &amp; Chips</b> Choose from either Battered Cod fillet, Cod fillet fish fingers, or Quorn nuggets oven and served with chips and peas or baked beans</p> 
<p><i>Jacket Potatoes and Paninis are also available daily as a hot alternative</i></p> <p><i>Or</i></p>				
<p><b>Delì Bar - Available Everyday</b> Design your own sandwich, first choose your bread - wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
<p><b>Dessert</b> Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily along with the dessert of the day</p>				
Sponge cake	Cherry Crumble	Ice Cream	Flapjack	Melton moments
<p><b>Drink</b> A selection of fresh fruit juice and milkshakes, milk and water will be available daily</p>				



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p><b>Brunch</b> Choose from Quorn sausages, bacon, scrambled egg, mushrooms, tomatoes, hash browns and baked beans</p>	 <p><b>Spaghetti Bolognese</b> Fresh minced beef or Quorn mince cooked with onions, garlic, tomatoes, and herbs, served on a bed of pasta with broccoli.</p>	 <p><b>Roast Dinner</b> Choose from roast meat of the day or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy</p>	<p><b>Scouse</b> Chunks of fresh beef cooked slowly in stock with carrots, onions and potatoes until tender served with crusty bread</p> 	<p><b>Fish &amp; Chips</b> Choose from either Battered Cod fillet, Lemon &amp; Garlic Salmon Fillet or a Quorn nugget baked in the oven and served with chips and mushy peas or baked beans</p> 
<p><i>Jacket Potatoes and Paninis are also available daily as a hot alternative</i></p> <p><i>Or</i></p> <p><b>Deli Bar - Available Everyday</b> Design your own sandwich, first choose your bread - wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
<p><b>Dessert</b> Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily along with the dessert of the day</p>				
cookies	Rice Crispy cakes	jelly	Lemon Cake	Shortbread
<p><b>Drink</b> A selection of fresh fruit juice and fresh milkshakes, milk and water will be available daily</p>				



# Christ The King Primary School - Week Three



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Burger Day</b> Choose from a fresh butcher's burger or a Quorn Burger served in a burger bun with potato wedge.</p> 	<p><b>Chilli Nachos</b> Choose from either fresh minced beef or Veggie mince cooked with onions, mild chilli powder, red peppers and red kidney beans &amp; nachos and served on a bed rice.</p> 	 <p><b>Roast Dinner</b> Choose from roast meat of the day or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy</p>	<p><b>Homemade Pizza</b> Choose from cheese &amp; tomato or pepperoni served with sweetcorn and potato wedges.</p> 	<p><b>Fish &amp; Chips</b> Choose from either Battered Cod fillet, Cod fillet fish fingers, or Quorn nuggets oven and served with chips and peas or baked beans.</p> 
<p><i>Jacket Potatoes and Paninis are also available daily as a hot alternative</i></p>				
<p><i>Or</i></p>				
<p><b>Delì Bar - Available Everyday</b> Design your own sandwich, first choose your bread - wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
<p><b>Dessert</b> Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily along with the dessert of the day</p>				
Ice Sponge	Choc crunch	Jelly	Apple crumble & custard	Melton Moments
<p><b>Drink</b> A selection of fresh fruit juice and fresh milkshakes, milk and water will be available daily</p>				